

PROGRAM OBJECTIVES

- Describe the essential elements of a post discharge feeding plan in the late preterm and preterm infant.
- Explore self-care techniques that will assist in stress management and improve coworker interactions.
- Summarize and critically review research on the Eat, Sleep, Console method for infants with neonatal abstinence syndrome (NAS).

WHO SHOULD ATTEND:

Advanced Practice Nurses, Clinical Nurse Specialists, Clinical Nutrition Managers, Lactation Consultants, Mother-Baby Nurses, Neonatal Registered Dietitians, Neonatal/Nursery Nurses, Neonatal Nurse Practitioners, Nurse Educators, Registered Dietitians, Registered Nurses, Labor and Delivery Nurses

REGISTRATION

(ONLINE ONLY)

RN CE credit: 4
RD CPEU credit: 4*

REGISTER ONLINE BY:
August 16th

CLICK [HERE](#) OR SCAN
THE QR CODE TO
REGISTER:



FOR ADDITIONAL
INFORMATION, PLEASE
CONTACT:

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For registration questions,
contact The Curry Rockefeller
Group, LLC (866) 320-5806

Abbott Nutrition Health Institute is an approved provider of continuing nursing education by the California Board of Registered Nursing Provider #CEP 11213.

*The CPE activity is pending CDR review and approval for 4 CPEUs.



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INNOVATIONS IN NEONATAL AND SELF CARE 2024

VIRTUAL WEBINAR
TUESDAY, AUGUST 20, 2024
8:30 AM PDT – 12:45 PM PDT

SPEAKERS

Heaven Holdbrooks, RN, MSN, PNP, CNS, RNC-NIC
Bonnie Gahn, MSN, MA, APRN
Lyssa Lamport, MS, RDN, CDN

THIS CONFERENCE QUALIFIES FOR:
4 CE_s FOR NURSES
4 CPEU_s * FOR DIETITIANS

OUR SPEAKERS



Bonnie Gahn

MSN, MA, APRN

Bonnie recently retired from the position of Manager of Nursing Education for the Abbott Nutrition Health Institute. However, she continues to work as an educational consultant with ANHI. She also maintains an Adjunct Professor position at The Ohio State University College of Nursing. She has over 35 years of experience in clinical, clinical research, educational and administrative positions within nursing. Her passion is in the NICU and her presentations combine evidence-based research with practical application. She lectures across the country on neonatal clinical topics and professional development topics such as effective communication and intergenerational teams.



Lyssa Lamport

MS, RDN, CDN

Lyssa Lamport is the Neonatal Nutritionist at Cohen Children's Medical Center of New York. Although based out of Cohen Children's Medical Center, she serves as a consulting nutritionist for some of their outlying NICUs as well as the coordinator of their Neonatal Malnutrition Team and the Neonatal Intestinal Rehabilitation Team. Along with the lactation team she assisted in developing their human milk nutrition room. She has participated in numerous nutrition related studies including trials of Omegaven, SMOF, Prolacta, and the Abbott head-to-head human milk fortifier trial. She has also conducted her own research looking at neonatal refeeding syndrome, post-discharge outcomes of using human milk fortifier, ferritin approach to timing and dosing iron supplementation, osmolality feeding safety, the impact of pulmonary hypertension on growth and obstetrician knowledge of the nutritional impact of gastric bypass on pregnancy and supplementary iron needs of preterm infants. She has also served as one of the reviewers of the first American Academy of Nutrition and Dietetics Neonatal Nutrition Handbook.



Heaven Holdbrooks

RN, MSN, PNP, CNS, RNC-NIC

Heaven Holdbrooks is a Clinical Nurse Specialist and a board-certified Neonatal Nurse. She works in a level III NICU in Southern California. Holdbrooks obtained her BSN from the University of California, Irvine, and her MSN from the University of California, Los Angeles. She has worked in the NICU for the past 10 years and is well-versed in quality improvement initiatives. She is passionate about improving the health and well-being of children and their families.

8:30AM - 8:35AM

WELCOME

8:35AM - 9:45AM

**DISCHARGE FEEDING STRATEGIES FOR
PRETERM INFANTS IN THE NICU**

Lyssa Lamport, MS, RDN, CDN

9:45AM - 10:00AM

BREAK

10:00AM - 11:05AM

**SELF-CARE PRACTICES IN TODAY'S
HEALTHCARE ENVIRONMENT**

Bonnie Gahn, MSN, MA, APRN

11:05AM - 12:20PM

**THE EVOLUTION OF NAS ASSESSMENT:
EAT, SLEEP AND CONSOLE**

Heaven Holdbrooks, RN, MSN, PNP, CNS, RNC-NIC

12:20PM - 12:45PM

Q&A / ADJOURN

Continuing Professional Education Provider Accreditation does not constitute endorsement by CDR of a provider, program, or materials. If you have questions or concerns about an ANHI program meeting accreditation standards, please contact us or provide feedback to CDR: QualityCPE@eatright.org.